



OUR SIGNATURE BOWLS AND SMOOTHIES ARE MADE WITH THE PUREST INGREDIENTS AVAILABLE. NO FILLERS SUCH AS ICE, FROZEN YOGURT OR ARTIFICIAL PRESERVATIVES. GLUTEN-FREE AVAILABLE.

Superfood Bowl
BASE: Organic Açai, Graviola*, Pitaya, Banana, Strawberries, Kale, VB Blend**, Almond Milk **TOPPINGS:** Organic Granola, Sliced Banana, Blueberries, Organic Goji Berries, Organic Cacao Nibs, Honey

Warrior Bowl®
BASE: Organic Açai, Banana, Blueberries, Raspberries, Broccoli, Organic Flax Seeds, Multi-Vitamin Boost, VB Blend**, Almond Milk **TOPPINGS:** Organic Granola, Sliced Banana, Strawberries, Almonds, Organic Goji Berries, Honey

Nutty Bowl
BASE: Organic Açai, Banana, Strawberries, VB Blend**, Peanut Butter **TOPPINGS:** Organic Granola, Sliced Banana, Almonds, Honey

Vitality Bowl®
BASE: Organic Açai, Banana, Strawberries, VB Blend** **TOPPINGS:** Organic Granola, Sliced Banana, Strawberries, Organic Goji Berries, Honey

Tropical Bowl
BASE: Organic Açai, Banana, Mango, Pineapple, Organic Flax Seeds, Coconut Milk, Apple Juice **TOPPINGS:** Organic Granola, Sliced Banana, Strawberries, Coconut Shavings, Honey

Dragon Bowl
BASE: Pitaya, Banana, Pineapple, Raspberries, Immunity Boost, Coconut Milk, Mango Juice **TOPPINGS:** Strawberries, Kiwi, Almonds, Organic Goji Berries, Bee Pollen, Honey

Green Bowl
BASE: Graviola*, Banana, Strawberries, Kale, Spinach, Dates, Organic Spirulina, Almond Milk **TOPPINGS:** Organic Granola, Sliced Banana, Kiwi, Organic Hemp Seeds, Honey

Breakfast Bowl (16oz)
BASE: Organic Açai, Banana, Strawberries, VB Blend** **TOPPINGS:** Organic Granola, Sliced Banana, Strawberries, Honey

Dessert Bowl (16oz)
BASE: Organic Açai, Banana, Strawberries, Coconut Milk, Dark Chocolate **TOPPINGS:** Sliced Banana, Strawberries, Coconut Shavings, Chocolate Chips

POWER UP YOUR BOWL OR SMOOTHIE

\$0.75 Each

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| Almond Butter | Organic Aronia | Organic Matcha |
| Almonds | Organic Cacao Nibs | Organic Moringa |
| Bee Pollen | Organic Camu Camu | Organic Mulberries |
| Broccoli | Organic Chia Seeds | Organic Spirulina |
| Coconut Shavings | Organic Flax Seeds | Organic Turmeric |
| Dates | Organic Ginkgo | Pea Protein |
| Fruit | Organic Goji Berries | Peanut Butter |
| Honey | Organic Granola | Spinach |
| Immunity Boost | Organic Guarana | Whey Protein |
| Kale | Organic Hemp Seeds | |
| Mint | Organic Maca | |
| Multi-Vitamin Boost | Organic Mangosteen | |

Whey Green
Organic Açai, Banana, Strawberries, Broccoli, Kale, Whey Protein, Organic Spirulina, Organic Guarana, Almond Milk

Matcha Madness
Organic Açai, Banana, Kale, Dates, Almond Butter, Organic Matcha, Organic Hemp Seeds, Almond Milk

Açaí Elixir
Organic Açai, Banana, Strawberries, VB Blend**

Go Green
Graviola*, Banana, Spinach, Kale, Dates, Mint, Organic Spirulina, Almond Milk

The Temptation®
Organic Açai, Banana, Strawberries, Dark Chocolate, Coconut Milk

Tropical Paradise
Organic Açai, Banana, Strawberries, Pineapple, Coconut Milk, Mango Juice

The Dragon
Pitaya, Strawberries, Raspberries, Mango, Mango Juice



WRAPS AND TOASTS



Vitality Wrap
Tomato Basil Tortilla, Hummus, Avocado, Super Greens, Grains, Roasted Potato, Radish, Pickled Red Onion, Lemon Tahini Vinaigrette, Garlic Aioli, Superseed Crunch

Chimichurri Steak Wrap
Tomato Basil Tortilla, Grass-Fed Steak, Super Greens, Grains, Roasted Tomato, Chimichurri, Vegan Garlic Aioli, Sunflower Seeds

Morning Glory
Tomato Basil Tortilla, Scrambled Eggs, Avocado, Super Greens, Roasted Potato, Pickled Red Onion, Feta Cheese, Basil Pesto, Superseed Crunch

Superseed Avocado Toast
Whole Grain Toast, Avocado, Grape Tomatoes, Feta Cheese, Superseed Crunch, Sea Salt

Wholesome Hummus Toast
Whole Grain Toast, Hummus, Cucumber, Lemon Tahini Vinaigrette, Feta Cheese, Pepitas

PB & Chia Jam Toast
Whole Grain Toast, Peanut Butter, Sliced Banana, Strawberry Jam, Chia Seeds, Organic Granola



KIDS MENU



Kids Bowl
BASE: Organic Açai, Banana, Strawberries, VB Blend** **TOPPINGS:** Organic Granola, Sliced Banana, Strawberries

Kids Sunation Smoothie
Organic Açai, Strawberries, Bananas, Apple Juice

Kids PB & J
Whole Grain Bread, Peanut Butter, Strawberry Jam

Grilled Cheese Sandwich
Mozzarella Cheese on Telera Roll

Side of Fruit
Banana, Strawberries, Kiwi

**Graviola is not recommended for pregnant women. **VB Blend: Our own superfood blend made from some of the world's leading superfoods including Organic Mangosteen, Organic Aronia Berry, Organic Camu Camu, Organic Moringa, Organic Açai, Blueberry, Pomegranate.*

*2,000 calories a day is used for general nutrition advice, but calorie needs vary. Additional nutrition information available upon request. While we take great care in providing a safe kitchen for allergies and food sensitivities, our products may contain milk, soy, tree nuts, peanuts and wheat. **Need it gluten-free? Just ask.***

GRAIN BOWLS



Green Glow Bowl
Super Greens, Chicken, Grains, Avocado, Cucumber, Radish, Pickled Red Onion, Lemon Tahini Vinaigrette, Green Goddess Dressing, Feta Cheese, Mint, Superseed Crunch

Power Pesto Chicken Bowl
Super Greens, Chicken, Grains, Grape Tomatoes, Cucumber, Pickled Red Onion, Basil Pesto, Lemon Tahini Vinaigrette, Feta Cheese, Sunflower Seeds

Chimichurri Steak and Roasted Potato Bowl
Super Greens, Grass-Fed Steak, Grains, Roasted Potato, Roasted Tomato, Radish, Chimichurri, Lemon Tahini Vinaigrette, Pepitas

SALADS



Supergreen Goddess Salad
Super Greens, Chicken, Egg, Avocado, Radish, Cucumber, Green Goddess Dressing, Feta Cheese, Mint, Superseed Crunch

Mighty Med Salad
Super Greens, Grass-Fed Steak, Egg, Grape Tomatoes, Cucumber, Pickled Red Onion, Lemon Tahini Vinaigrette, Feta Cheese, Mint, Superseed Crunch

PANINI



Power Panini
Chicken or Veggie (Veggie includes Avocado), Pesto, Dijon, Roasted Tomato, Super Greens, Mozzarella on Telera Roll (Sub Grass-Fed Steak - \$1)