



OUR SIGNATURE BOWLS AND SMOOTHIES ARE MADE WITH THE PUREST INGREDIENTS AVAILABLE. NO FILLERS SUCH AS ICE, FROZEN YOGURT OR ARTIFICIAL PRESERVATIVES. GLUTEN-FREE AVAILABLE.

### Superfood Bowl

**BASE:** Organic Açai, Graviola\*, Pitaya, Banana, Strawberries, Kale, VB Blend\*\*, Almond Milk **TOPPINGS:** Organic Granola, Sliced Banana, Blueberries, Organic Goji Berries, Organic Cacao Nibs, Honey

### Warrior Bowl®

**BASE:** Organic Açai, Banana, Blueberries, Raspberries, Broccoli, Organic Flax Seeds, Multi-Vitamin Boost, VB Blend\*\*, Almond Milk **TOPPINGS:** Organic Granola, Sliced Banana, Strawberries, Almonds, Organic Goji Berries, Honey

### Nutty Bowl

**BASE:** Organic Açai, Banana, Strawberries, Peanut Butter, Organic Flax Seeds, Almond Milk, Apple Juice **TOPPINGS:** Organic Granola, Sliced Banana, Almonds, Honey

### Vitality Bowl®

**BASE:** Organic Açai, Banana, Strawberries, Organic Flax Seeds, VB Blend\*\* **TOPPINGS:** Organic Granola, Sliced Banana, Strawberries, Organic Goji Berries, Honey

### Tropical Bowl

**BASE:** Organic Açai, Banana, Mango, Pineapple, Organic Flax Seeds, Coconut Milk, Apple Juice **TOPPINGS:** Organic Granola, Sliced Banana, Strawberries, Coconut Shavings, Honey

### Dragon Bowl

**BASE:** Pitaya, Banana, Pineapple, Raspberries, Immunity Boost, Coconut Milk, Mango Juice **TOPPINGS:** Strawberries, Kiwi, Almonds, Organic Goji Berries, Bee Pollen, Honey

### Green Bowl

**BASE:** Graviola\*, Banana, Strawberries, Kale, Spinach, Dates, Organic Spirulina, Almond Milk **TOPPINGS:** Organic Granola, Sliced Banana, Kiwi, Organic Hemp Seeds, Honey

### Breakfast Bowl (16oz)

**BASE:** Organic Açai, Banana, Strawberries, Organic Flax Seeds, Almond Milk **TOPPINGS:** Organic Granola, Sliced Banana, Strawberries, Honey

### Dessert Bowl (16oz)

**BASE:** Organic Açai, Banana, Strawberries, Coconut Milk, Dark Chocolate **TOPPINGS:** Sliced Banana, Strawberries, Coconut Shavings, Chocolate Chips

## POWER UP YOUR BOWL OR SMOOTHIE

\$0.75 Each

- |                     |                      |                    |
|---------------------|----------------------|--------------------|
| Almond Butter       | Organic Aronia       | Organic Mangosteen |
| Almonds             | Organic Cacao Nibs   | Organic Matcha     |
| Bee Pollen          | Organic Cacao Powder | Organic Moringa    |
| Broccoli            | Organic Camu Camu    | Organic Mulberries |
| Coconut Shavings    | Organic Chia Seeds   | Organic Spirulina  |
| Dates               | Organic Flax Seeds   | Organic Turmeric   |
| Fruit               | Organic Ginkgo       | Pea Protein        |
| Honey               | Organic Goji Berries | Peanut Butter      |
| Immunity Boost      | Organic Granola      | Spinach            |
| Kale                | Organic Guarana      | Whey Protein       |
| Mint                | Organic Hemp Seeds   |                    |
| Multi-Vitamin Boost | Organic Maca         |                    |

### Whey Green

Organic Açai, Banana, Strawberries, Broccoli, Kale, Whey Protein, Organic Spirulina, Organic Guarana, Almond Milk

### Matcha Madness

Organic Açai, Banana, Kale, Dates, Almond Butter, Organic Matcha, Organic Hemp Seeds, Almond Milk

### Açaí Elixir

Organic Açai, Banana, Strawberries, VB Blend\*\*

### Go Green

Graviola\*, Banana, Spinach, Kale, Dates, Mint, Organic Spirulina, Almond Milk

### The Temptation®

Organic Açai, Banana, Strawberries, Organic Cacao, Dark Chocolate, Coconut Milk

### Tropical Paradise

Organic Açai, Banana, Strawberries, Pineapple, Coconut Milk, Mango Juice

### The Dragon

Pitaya, Strawberries, Raspberries, Mango, Guava Juice



## WRAPS AND TOASTS

### Vitality Wrap

Tomato Basil Tortilla, Hummus, Avocado, Super Greens Blend, Grains, Roasted Potato, Radish, Pickled Red Onion, Lemon Tahini Vinaigrette, Vegan Garlic Aioli, Superseed Crunch

### Chimichurri Steak Wrap

Tomato Basil Tortilla, Grass-Fed Steak, Super Greens Blend, Grains, Roasted Tomato, Chimichurri, Vegan Garlic Aioli, Sunflower Seeds

### Morning Glory

Tomato Basil Tortilla, Scrambled Eggs, Avocado, Super Greens Blend, Roasted Potato, Pickled Red Onion, Goat Cheese, Basil Pesto, Superseed Crunch

### Superseed Avocado Toast

Whole Grain Toast, Avocado, Grape Tomatoes, Feta Cheese, Superseed Crunch, Sea Salt

### Wholesome Hummus Toast

Whole Grain Toast, Hummus, Cucumber, Lemon Tahini Vinaigrette, Feta Cheese, Pepitas

### PB & Chia Jam Toast

Whole Grain Toast, Peanut Butter, Sliced Banana, Strawberry Jam, Chia Seeds, Organic Granola



## COLD-PRESSED BOTTLED JUICES

### Green Me Up

Cold Pressed Fuji Apple Cucumber, Celery, Romaine Spinach, Kale, Lemon

### Turmeric Immunity Shot

Cold Pressed Orange Juice Lemon Juice, Camu Camu Turmeric, Black Pepper

### C Me Up

Cold Pressed Carrot, Orange, Lemon, Ginger

### Ginger Energy Shot

Cold Pressed Lemon Juice Ginger Juice, Yacon Syrup, Maca, Cayenne Pepper



## GRAIN BOWLS



### Green Glow Bowl

Super Greens Blend, Chicken, Grains, Avocado, Cucumber, Radish, Pickled Red Onion, Lemon Tahini Vinaigrette, Green Goddess Dressing, Feta Cheese, Mint, Superseed Crunch

### Power Pesto Chicken Bowl

Super Greens Blend, Chicken, Grains, Grape Tomatoes, Cucumber, Pickled Red Onion, Basil Pesto, Lemon Tahini Vinaigrette, Goat Cheese, Sunflower Seeds

### Chimichurri Steak and Roasted Potato Bowl

Super Greens Blend, Grass-Fed Steak, Grains, Roasted Potato, Roasted Tomato, Radish, Chimichurri, Lemon Tahini Vinaigrette, Pepitas

## SALADS



### Supergreen Goddess Salad

Super Greens Blend, Chicken, Egg, Avocado, Radish, Cucumber, Green Goddess Dressing, Feta Cheese, Mint, Superseed Crunch

### Mighty Med Salad

Super Greens Blend, Grass-Fed Steak, Egg, Grape Tomatoes, Cucumber, Pickled Red Onion, Lemon Tahini Vinaigrette, Feta Cheese, Mint, Superseed Crunch

## PANINI



### Power Panini

Chicken or Veggie (Veggie includes Avocado), Pesto, Roasted Tomato, Mozzarella on Telera Roll (sub Grass-Fed Steak - \$1)

## KIDS MENU

### Kids Bowl

**BASE:** Organic Açai, Banana, Strawberries, Apple Juice **TOPPINGS:** Organic Granola, Sliced Banana, Strawberries

### Kids Sunation Smoothie

Organic Açai, Strawberries, Bananas, Apple Juice

### Kids PB & J

Whole Grain Bread, Peanut Butter, Organic Granola, Strawberry Jam

### Grilled Cheese Sandwich

Mozzarella Cheese on Telera Roll

### Side of Fruit

Banana, Strawberries, Kiwi

*\*Graviola is not recommended for pregnant women. \*\*VB Blend: Our own superfood blend made from some of the world's leading superfoods including Organic Mangosteen, Organic Aronia Berry, Organic Camu Camu, Organic Moringa, Organic Açai, Blueberry, Pomegranate.*

*2,000 calories a day is used for general nutrition advice, but calorie needs vary. Additional nutrition information available upon request. While we take great care in providing a safe kitchen for allergies and food sensitivities, our products may contain milk, soy, tree nuts, peanuts and wheat. **Need it gluten-free? Just ask.***