



OUR SIGNATURE BOWLS AND SMOOTHIES ARE MADE WITH THE PUREST INGREDIENTS AVAILABLE. NO FILLERS SUCH AS ICE, FROZEN YOGURT OR ARTIFICIAL PRESERVATIVES. GLUTEN-FREE AVAILABLE.

Superfood Bowl

BASE: Organic Açai, Graviola*, Pitaya, Banana, Strawberries, Kale, VB Blend**, Almond Milk **TOPPINGS:** Organic Granola, Sliced Banana, Blueberries, Organic Goji Berries, Organic Cacao Nibs, Honey

Warrior Bowl®

BASE: Organic Açai, Banana, Blueberries, Raspberries, Broccoli, Organic Flax Seeds, Multi-Vitamin Boost, VB Blend**, Almond Milk **TOPPINGS:** Organic Granola, Sliced Banana, Strawberries, Almonds, Organic Goji Berries, Honey

Nutty Bowl

BASE: Organic Açai, Banana, Strawberries, Peanut Butter, Organic Flax Seeds, Almond Milk, Apple Juice **TOPPINGS:** Organic Granola, Sliced Banana, Almonds, Honey

Vitality Bowl®

BASE: Organic Açai, Banana, Strawberries, Organic Flax Seeds, VB Blend** **TOPPINGS:** Organic Granola, Sliced Banana, Strawberries, Organic Goji Berries, Honey

Tropical Bowl

BASE: Organic Açai, Banana, Mango, Pineapple, Organic Flax Seeds, Coconut Milk, Apple Juice **TOPPINGS:** Organic Granola, Sliced Banana, Strawberries, Coconut Shavings, Honey

Dragon Bowl

BASE: Pitaya, Banana, Pineapple, Raspberries, Immunity Boost, Coconut Milk, Mango Juice **TOPPINGS:** Strawberries, Kiwi, Almonds, Organic Goji Berries, Bee Pollen, Honey

Green Bowl

BASE: Graviola*, Banana, Strawberries, Kale, Spinach, Dates, Organic Spirulina, Almond Milk **TOPPINGS:** Organic Granola, Sliced Banana, Kiwi, Organic Hemp Seeds, Honey

Breakfast Bowl (16oz)

BASE: Organic Açai, Banana, Strawberries, Organic Flax Seeds, Almond Milk **TOPPINGS:** Organic Granola, Sliced Banana, Strawberries, Honey

Dessert Bowl (16oz)

BASE: Organic Açai, Banana, Strawberries, Coconut Milk, Dark Chocolate **TOPPINGS:** Sliced Banana, Strawberries, Coconut Shavings, Chocolate Chips

POWER UP YOUR BOWL OR SMOOTHIE

\$0.75 Each

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| Almond Butter | Organic Aronia | Organic Mangosteen |
| Almonds | Organic Cacao Nibs | Organic Matcha |
| Bee Pollen | Organic Cacao Powder | Organic Moringa |
| Broccoli | Organic Camu Camu | Organic Mulberries |
| Coconut Shavings | Organic Chia Seeds | Organic Spirulina |
| Dates | Organic Flax Seeds | Organic Turmeric |
| Fruit | Organic Ginkgo | Pea Protein |
| Honey | Organic Goji Berries | Peanut Butter |
| Immunity Boost | Organic Granola | Spinach |
| Kale | Organic Guarana | Whey Protein |
| Mint | Organic Hemp Seeds | |
| Multi-Vitamin Boost | Organic Maca | |

Whey Green

Organic Açai, Banana, Strawberries, Broccoli, Kale, Whey Protein, Organic Spirulina, Organic Guarana, Almond Milk

Matcha Madness

Organic Açai, Banana, Kale, Dates, Almond Butter, Organic Matcha, Organic Hemp Seeds, Almond Milk

Açaí Elixir

Organic Açai, Banana, Strawberries, VB Blend**

Go Green

Graviola*, Banana, Spinach, Kale, Dates, Mint, Organic Spirulina, Almond Milk

The Temptation®

Organic Açai, Banana, Strawberries, Organic Cacao, Dark Chocolate, Coconut Milk

Tropical Paradise

Organic Açai, Banana, Strawberries, Pineapple, Coconut Milk, Mango Juice

The Dragon

Pitaya, Strawberries, Raspberries, Mango, Guava Juice



WRAPS AND TOASTS

Vitality Wrap

Tomato Basil Tortilla, Hummus, Avocado, Super Greens Blend, Grains, Roasted Potato, Radish, Pickled Red Onion, Lemon Tahini Vinaigrette, Vegan Garlic Aioli, Superseed Crunch

Chimichurri Steak Wrap

Tomato Basil Tortilla, Grass-Fed Steak, Super Greens Blend, Grains, Roasted Tomato, Chimichurri, Vegan Garlic Aioli, Sunflower Seeds

Morning Glory

Tomato Basil Tortilla, Scrambled Eggs, Avocado, Super Greens Blend, Roasted Potato, Pickled Red Onion, Goat Cheese, Basil Pesto, Superseed Crunch

Superseed Avocado Toast

Whole Grain Toast, Avocado, Grape Tomatoes, Feta Cheese, Superseed Crunch, Sea Salt

Wholesome Hummus Toast

Whole Grain Toast, Hummus, Cucumber, Lemon Tahini Vinaigrette, Feta Cheese, Pepitas

PB & Chia Jam Toast

Whole Grain Toast, Peanut Butter, Sliced Banana, Strawberry Jam, Chia Seeds, Organic Granola



COLD-PRESSED BOTTLED JUICES

Green Me Up

Cold Pressed Fuji Apple Cucumber, Celery, Romaine Spinach, Kale, Lemon

Turmeric Immunity Shot

Cold Pressed Orange Juice Lemon Juice, Camu Camu Turmeric, Black Pepper

C Me Up

Cold Pressed Carrot, Orange, Lemon, Ginger

Ginger Energy Shot

Cold Pressed Lemon Juice Ginger Juice, Yacon Syrup, Maca, Cayenne Pepper



GRAIN BOWLS



Green Glow Bowl

Super Greens Blend, Chicken, Grains, Avocado, Cucumber, Radish, Pickled Red Onion, Lemon Tahini Vinaigrette, Green Goddess Dressing, Feta Cheese, Mint, Superseed Crunch

Power Pesto Chicken Bowl

Super Greens Blend, Chicken, Grains, Grape Tomatoes, Cucumber, Pickled Red Onion, Basil Pesto, Lemon Tahini Vinaigrette, Goat Cheese, Sunflower Seeds

Chimichurri Steak and Roasted Potato Bowl

Super Greens Blend, Grass-Fed Steak, Grains, Roasted Potato, Roasted Tomato, Radish, Chimichurri, Lemon Tahini Vinaigrette, Pepitas

SALADS



Supergreen Goddess Salad

Super Greens Blend, Chicken, Egg, Avocado, Radish, Cucumber, Green Goddess Dressing, Feta Cheese, Mint, Superseed Crunch

Mighty Med Salad

Super Greens Blend, Grass-Fed Steak, Egg, Grape Tomatoes, Cucumber, Pickled Red Onion, Lemon Tahini Vinaigrette, Feta Cheese, Mint, Superseed Crunch

PANINI



Power Panini

Chicken or Veggie (Veggie includes Avocado), Pesto, Roasted Tomato, Mozzarella on Telera Roll (sub Grass-Fed Steak - \$1)

KIDS MENU

Kids Bowl

BASE: Organic Açai, Banana, Strawberries, Apple Juice **TOPPINGS:** Organic Granola, Sliced Banana, Strawberries

Kids Sunsatation Smoothie

Organic Açai, Strawberries, Bananas, Apple Juice

Kids PB & J

Whole Grain Bread, Peanut Butter, Organic Granola, Strawberry Jam

Grilled Cheese Sandwich

Mozzarella Cheese on Telera Roll

Side of Fruit

Banana, Strawberries, Kiwi

**Graviola is not recommended for pregnant women. **VB Blend: Our own superfood blend made from some of the world's leading superfoods including Organic Mangosteen, Organic Aronia Berry, Organic Camu Camu, Organic Moringa, Organic Açai, Blueberry, Pomegranate.*

*2,000 calories a day is used for general nutrition advice, but calorie needs vary. Additional nutrition information available upon request. While we take great care in providing a safe kitchen for allergies and food sensitivities, our products may contain milk, soy, tree nuts, peanuts and wheat. **Need it gluten-free? Just ask.***