



OUR SIGNATURE BOWLS AND SMOOTHIES ARE MADE WITH THE PUREST INGREDIENTS AVAILABLE. NO FILLERS SUCH AS ICE, FROZEN YOGURT OR ARTIFICIAL PRESERVATIVES. GLUTEN-FREE AVAILABLE.

**Superfood Bowl**  
**BASE:** Organic Açai, Graviola\*, Pitaya, Banana, Strawberries, Kale, VB Blend\*\*, Almond Milk **TOPPINGS:** Organic Granola, Sliced Banana, Blueberries, Organic Goji Berries, Organic Cacao Nibs, Honey

**Warrior Bowl®**  
**BASE:** Organic Açai, Banana, Blueberries, Raspberries, Broccoli, Organic Flax Seeds, Multi-Vitamin Boost, VB Blend\*\*, Almond Milk **TOPPINGS:** Organic Granola, Sliced Banana, Strawberries, Almonds, Organic Goji Berries, Honey

**Nutty Bowl**  
**BASE:** Organic Açai, Banana, Strawberries, Peanut Butter, Organic Flax Seeds, Almond Milk, Apple Juice **TOPPINGS:** Organic Granola, Sliced Banana, Almonds, Honey

**Vitality Bowl®**  
**BASE:** Organic Açai, Banana, Strawberries, Organic Flax Seeds, VB Blend\*\* **TOPPINGS:** Organic Granola, Sliced Banana, Strawberries, Organic Goji Berries, Honey

**Tropical Bowl**  
**BASE:** Organic Açai, Banana, Mango, Pineapple, Organic Flax Seeds, Coconut Milk, Apple Juice **TOPPINGS:** Organic Granola, Sliced Banana, Strawberries, Coconut Shavings, Honey

**Dragon Bowl**  
**BASE:** Pitaya, Banana, Pineapple, Raspberries, Immunity Boost, Coconut Milk, Mango Juice **TOPPINGS:** Strawberries, Kiwi, Almonds, Organic Goji Berries, Bee Pollen, Honey

**Green Bowl**  
**BASE:** Graviola\*, Banana, Strawberries, Kale, Spinach, Dates, Organic Spirulina, Almond Milk **TOPPINGS:** Organic Granola, Sliced Banana, Kiwi, Organic Hemp Seeds, Honey

**Breakfast Bowl (16oz)**  
**BASE:** Organic Açai, Banana, Strawberries, Organic Flax Seeds, Almond Milk **TOPPINGS:** Organic Granola, Sliced Banana, Strawberries, Honey

**Dessert Bowl (16oz)**  
**BASE:** Organic Açai, Banana, Strawberries, Coconut Milk, Dark Chocolate **TOPPINGS:** Sliced Banana, Strawberries, Coconut Shavings, Chocolate Chips

## POWER UP YOUR BOWL OR SMOOTHIE

\$0.75 Each

- |                     |                      |                    |
|---------------------|----------------------|--------------------|
| Almond Butter       | Organic Aronia       | Organic Mangosteen |
| Almonds             | Organic Cacao Nibs   | Organic Matcha     |
| Bee Pollen          | Organic Cacao Powder | Organic Moringa    |
| Broccoli            | Organic Camu Camu    | Organic Mulberries |
| Coconut Shavings    | Organic Chia Seeds   | Organic Spirulina  |
| Dates               | Organic Flax Seeds   | Organic Turmeric   |
| Fruit               | Organic Ginkgo       | Pea Protein        |
| Honey               | Organic Goji Berries | Peanut Butter      |
| Immunity Boost      | Organic Granola      | Spinach            |
| Kale                | Organic Guarana      | Whey Protein       |
| Mint                | Organic Hemp Seeds   |                    |
| Multi-Vitamin Boost | Organic Maca         |                    |

**Whey Green**  
Organic Açai, Banana, Strawberries, Broccoli, Kale, Whey Protein, Organic Spirulina, Organic Guarana, Almond Milk

**Matcha Madness**  
Organic Açai, Banana, Kale, Dates, Almond Butter, Organic Matcha, Organic Hemp Seeds, Almond Milk

**Açaí Elixir**  
Organic Açai, Banana, Strawberries, VB Blend\*\*

**Go Green**  
Graviola\*, Banana, Spinach, Kale, Dates, Mint, Organic Spirulina, Almond Milk

**The Temptation®**  
Organic Açai, Banana, Strawberries, Organic Raw Cacao, Dark Chocolate, Coconut Milk

**Tropical Paradise**  
Organic Açai, Banana, Strawberries, Pineapple, Coconut Milk, Mango Juice

**The Dragon**  
Pitaya, Strawberries, Raspberries, Mango, Guava Juice



## WRAPS AND TOASTS

**The Invigorator**  
Orange, Kale, Carrot, Apple

**The Rehydrator**  
Kale, Pineapple, Mint, Apple, Coconut Water

**The Vitality**  
Carrot, Apple, Celery, Kale

**Green Me Up**  
Kale, Celery, Apple, Cucumber, Organic Spirulina

**Lemon Ginger Shot (2oz.)**  
Fresh Lemon, Raw Ginger, Dash of Cayenne



## KIDS MENU

## GRAIN BOWLS



**Green Glow Bowl**  
Super Greens Blend, Chicken, Grains, Avocado, Cucumber, Radish, Pickled Red Onion, Lemon Tahini Vinaigrette, Green Goddess Dressing, Feta Cheese, Mint, Superseed Crunch

**Power Pesto Chicken Bowl**  
Super Greens Blend, Chicken, Grains, Grape Tomatoes, Cucumber, Pickled Red Onion, Basil Pesto, Lemon Tahini Vinaigrette, Goat Cheese, Sunflower Seeds

**Chimichurri Steak and Roasted Potato Bowl**  
Super Greens Blend, Grass-Fed Steak, Grains, Roasted Potato, Roasted Tomato, Radish, Chimichurri, Lemon Tahini Vinaigrette, Pepitas

## SALADS



**Supergreen Goddess Salad**  
Super Greens Blend, Chicken, Egg, Avocado, Radish, Cucumber, Green Goddess Dressing, Feta Cheese, Mint, Superseed Crunch

**Mighty Med Salad**  
Super Greens Blend, Grass-Fed Steak, Egg, Grape Tomatoes, Cucumber, Pickled Red Onion, Lemon Tahini Vinaigrette, Feta Cheese, Mint, Superseed Crunch

**Vitality Wrap**  
Tomato Basil Tortilla, Hummus, Avocado, Super Greens Blend, Grains, Roasted Potato, Radish, Pickled Red Onion, Lemon Tahini Vinaigrette, Vegan Garlic Aioli, Superseed Crunch

**Chimichurri Steak Wrap**  
Tomato Basil Tortilla, Grass-Fed Steak, Super Greens Blend, Grains, Roasted Tomato, Chimichurri, Vegan Garlic Aioli, Sunflower Seeds

**Morning Glory**  
Tomato Basil Tortilla, Scrambled Eggs, Avocado, Super Greens Blend, Roasted Potato, Pickled Red Onion, Goat Cheese, Basil Pesto, Superseed Crunch

**Superseed Avocado Toast**  
Whole Grain Toast, Avocado, Grape Tomatoes, Feta Cheese, Superseed Crunch, Sea Salt

**Wholesome Hummus Toast**  
Whole Grain Toast, Hummus, Cucumber, Lemon Tahini Vinaigrette, Feta Cheese, Pepitas

**PB & Chia Jam Toast**  
Whole Grain Toast, Peanut Butter, Sliced Banana, Strawberry Jam, Chia Seeds, Organic Granola



**Kids Bowl**  
**BASE:** Organic Açai, Banana, Strawberries, Apple Juice **TOPPINGS:** Organic Granola, Sliced Banana, Strawberries

**Kids Sunsatation Smoothie**  
Organic Açai, Strawberries, Bananas, Apple Juice

**Kids PB & J**  
Whole Grain Bread, Peanut Butter, Organic Granola, Strawberry Jam

**Grilled Cheese Sandwich**  
Mozzarella Cheese on White Roll

**Side of Fruit**  
Banana, Strawberries, Kiwi

\*Graviola is not recommended for pregnant women. \*\*VB Blend: Our own superfood blend made from some of the world's leading superfoods including Organic Mangosteen, Organic Aronia Berry, Organic Camu Camu, Organic Moringa, Organic Açai, Blueberry, Pomegranate.  
2,000 calories a day is used for general nutrition advice, but calorie needs vary. Additional nutrition information available upon request. While we take great care in providing a safe kitchen for allergies and food sensitivities, our products may contain milk, soy, tree nuts, peanuts and wheat. Need it gluten-free? Just ask.